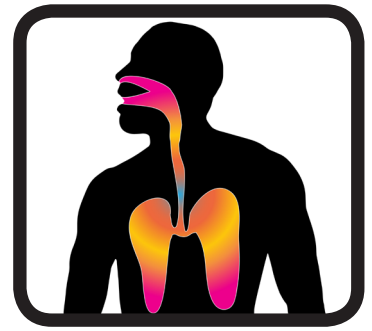


Phoenix Home Care, LLC

Pneumonia Protocol



Goals of Care:

- Patient will:
 - be free of respiratory infection
 - remain afebrile with decreased cough and sputum production
 - maintain thin mucus for ease of expectoration
 - have clear lung sounds
- Dyspnea will decrease
- Specific diet education and fluid increase (if not medically contraindicated for the patient)
- Patient/caregiver will demonstrate safe, effective use of medications, especially prescribed antibiotic therapy and inhalation treatments if ordered

The patient and caregiver will be instructed on the following:

- Monitoring for changes in the sputum quantity, volume, color, and consistency
- When to notify MD or RN with a temperature outside of MD established parameters
- Cough and deep breathing exercises
- Incentive spirometry (if ordered)
- Use of oxygen (if ordered)
- Activity pacing and energy conservation in acute phases of pneumonia
- Position of comfort (i.e. raise HOB, elevate head with pillows)
- Diet and/or nutritional supplementation education
- Increase of fluid intake (if medically indicated)
- Medication education and adherence, completion of antibiotic therapy, and proper use of inhalation treatment if ordered
- Pneumococcal Vaccination if indicated by MD

Key assessment points:

- Sputum production for changes
- Respiratory rate and breathing pattern
- Temperature outside of MD established parameters, notify MD if out of parameters
- Vital signs, pulse oximetry and evidence of accessory muscle use
- Signs of orthopnea
- Increased weakness and fatigue
- Activity tolerance
- Nutritional status
- Medication adherence